

SHARE FUN. NOT THE FLU.

What is the Flu?

- ✧ A sore throat
- ✧ Cough
- ✧ Fever
- ✧ Runny nose or stuffy throat
- ✧ Headaches
- ✧ Chills



Stop the Flu!

Don't Share Germs:

- ✧ Get your flu vaccine every year.
- ✧ Cover your mouth with a tissue or your elbow when you cough.
- ✧ Wash your hands often.
- ✧ Stay home when you are sick.
- ✧ Do not share personal items such as make-up or water bottles.



Don't Share Germs!

